



Chandler Chiropractic NEWS

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Chandler Chiropractic Clinic

Dr. Michael Schloemp, D.C.

Urissa Boline, C.A.

Sarah Mooridian, C.A.

Summer Valenzula, Massage Therapist

Megan Roberts, Massage Therapist

Mon., Wed., Fri.: 9:30 a.m.-1 p.m. & 3-6:30 p.m.

Tues.: 3-6 p.m. and Sat.: 9-11 a.m.

SUMMER 2008

PACK A BACKPACK DRIVE JULY 14-31



It is that time of year again, so spread the word. Chandler Chiropractic Clinic is turning up the heat with its annual Pack a Backpack drive. The clinic is collecting filled backpacks for children in need at Galvestin Elementary School. The drive runs July 14-31 and we hope to beat last year's total of 14 filled backpacks.

Chandler Chiropractic is collecting:

- New backpacks
- Notebooks
- Notebook paper
- Crayons
- Markers
- Colored pencils
- Pens
- Pencils
- 2-pocket folders
- Rulers

New patients donating a backpack filled with at least five items will receive a free consultation and exam. All donations can be dropped off in the front office of Chandler Chiropractic Clinic located at 2100 W. Chandler Blvd., suite 34, Chandler, 85224.

DID YOU KNOW...

Sun damage occurs within 60 seconds of being in the sun.



Approximately 90 percent of the aging process comes directly from the sun. Only about 10 percent of the aging process is actually intrinsic, or caused by genetics.

According to the American Cancer Society, most of the more than 1 million cases of non-melanoma skin cancer diagnosed yearly in the U.S. are considered sun related.

It is very important that you use a broad-spectrum SPF that protects from both UVA and UVB rays, so you not only protect yourself from cancer causing rays, but also maintain youthful looking skin. Be sure to use a quality sunscreen and re-apply frequently while in the sun, especially being in the desert.

Gentle, Caring Chiropractic for Children and Adults

We envision a community in which all of its members can enjoy their lives free of disease and pain. Chandler Chiropractic Clinic is dedicated to serving the Chandler and surrounding areas providing quality chiropractic care. Chandler Chiropractic promotes overall wellness as part of the goal to lead a healthy, happy life. Chiropractic is vital to maintaining optimal health.

QUICK FACT

The weight of a child's backpack matters. The maximum weight for loaded backpacks should not exceed 15 percent of the child's body weight. For example, a 60-pound child should not carry a backpack that exceeds 9 pound.

WELCOME SARAH

Chandler Chiropractic would like to welcome Sarah Mooridian the most recent addition to the staff. Sarah has extensive experience in personal training and will be assisting with strength training, stretching and other duties in the clinic. We are so glad to have Sarah as part of the team.

ITALY HIGHLIGHT



Mike with Martha, Mike's fiancé, at lunch in Venice.

The trip to Italy was amazing. We traveled to Rome, Pompeii, Venice, Florence and Cinque Terre. The weather was beautiful and we had lots of wonderful food. Some of the highlights were riding in a gondola in Venice, hiking the five cities in the Cinque Terre area, going on a biking wine tour in Florence and seeing the Colosseum in Rome.